

Children's Mobile Response & Stabilization System

CMRSS services are aimed at ensuring the safety and well-being of children and youth and their families/care-givers, who are facing crisis situations and/or behavioral health problems.

CMRSS agencies are committed to providing services as expeditiously as possible in order to resolve a child or youth's urgent emotional, behavioral, and mental health issues with the goal of maintaining the youth in the home and community environment.

Goals and Objectives

- Quickly respond (within one hour) to the individual needs of children in crisis and their families;
- Assist children and their families gain control of their behaviors and emotions;
- Provide education, intervention, and support to assist and encourage families in anger/crisis management;
- Improve the stability of day-to-day living emotionally and behaviorally;
- Reduce the need for out-of-home placement or psychiatric hospitalization; and
- Maintain children in safe and stable living arrangements.

UNION COUNTY Children's Mobile Response & Stabilization System (CMRSS)

**To make a referral, contact the
CSA
@ 1 -877-652-7624**

**CSA and CMRSS are available
24 hours a day, seven days a
week.**

**For more information, please
contact:**

**Program Director-908-994-7154
Program Coordinator-908-994-7148**

The Department of Behavioral Health & Psychiatry offers one of the most comprehensive services in the state for the psychiatric treatment of children and adults.

- 95 Acute and intermediate care inpatient beds for children, adolescents and adults
- 15 Residential adolescents beds
- 2 Mobile outreach and screening sites
- Partial Hospital Programs for children, adolescents and adults.
- Outpatient mental health and addiction services for children, adolescents and adults.
- Involuntary Outpatient Commitment
- Child Mobile Response & Stabilization Services
- 7 school based clinics

UNION COUNTY Children's Mobile Response & Stabilization System (CMRSS)



Trinitas Regional Medical Center

**New Point Campus
655 Livingston St.
Elizabeth, NJ 07206**



Union COUNTY
Children's Mobile Response
& Stabilization System (CMRSS)
(available 24 hours a day/7 days a
week)

Who is eligible?

Children and youth residing or located in Union County, who are exhibiting escalating emotional and/or behavioral difficulties which threaten to disrupt their current living arrangement. Typically, we work with children who are at-risk and require crisis intervention to stabilize them in their home or community.

Eligible age-group categories include:

- Children and youth, young adults, age 0-21, who have been recipients of services through the Division of Child Protection and Permanency, the Division of Mental Health Services (DMHS), or the Juvenile Justice (JJ) system.

Where do we provide services?

The CMRSS is responsible for delivering services wherever the child/youth is exhibiting escalating behavior. We most often see children in their own homes but will respond to crisis situations in other settings-shelters, schools, police departments or elsewhere in the Union County community.

How can you reach us?

With parental/guardian consent, family members, professionals, and other concerned parties may access our services by calling the Contracted Systems Administrator (CSA):

1-877-652-7624

(24 hours a day/7 days a week)

What happens when you make call?

- A representative from the CSA will receive the initial information;
- Based on the information provided, the CSA chooses from a variety of possible services to help stabilize the situation;
- To notify the CMRSS of the crisis, the CSA will provide a three-way conversation with the calling party and CMRSS to pass on pertinent information;
- The CMRSS will gather additional critical information from the caller and make arrangements to respond to the crisis;
- The CMRSS provides an immediate response (within one hour) to the site of the crisis or as arranged at the request of the child and family;
- The client and family may be referred for additional stabilization services (**see Scope of Services**)

Scope of Services

- Quick response and assessment of the crisis;
- Immediate therapeutic interventions to control and diffuse the crisis situation;
- Further assessment using a specialized Crisis Assessment Tool (CAT);
- Development of an Individualized Crisis Plan (ICP);
- Crisis Stabilization Determination. Referral to psychiatric emergency services evaluation.
- Referral and connections to community resources;
- Termination of crisis response after 72 hours, if the situation is stabilized or additional stabilization services for up to 8 weeks.

Stabilization services may include:

- Management and coordination of services/interventions identified in crisis plan;
- In-community therapy;
- Behavioral assistance
- On-going education/information and referral.

These services in Union County are provided by **Trinitas Regional Medical Center** in coordination with the NJ Department of Children and Families Children System of Care.